

Choose Well. Choose Northern.

NORTHERN

Highlights

Fall 2025



EDUCATION - "GROW OUR OWN"

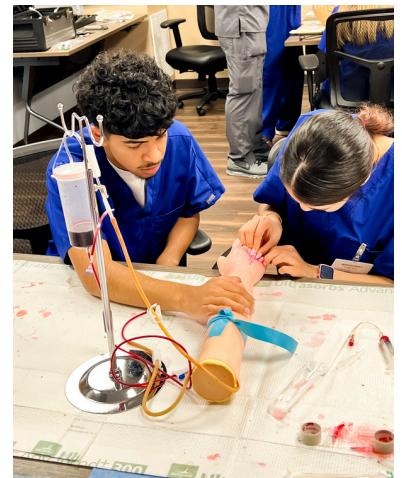
- Serves as a clinical training site for multiple colleges and universities for hundreds of clinical and nursing students annually.
- Lead sponsor for the HOSA Regional Leadership Conference, and facilitated a paid nursing internship program for college students.
- Leadership Academy - Class of 2025 - marks the Academy's sixth year, with 44 Northern employees graduating from this six-month leadership development program.
- Two students from our Apprenticeship program with Surry-Yadkin Works, Haylee and Emily Orellana, were recognized by Governor Josh Stein at the 2025 State of the State Address.

Camp Med



Camp Med is a program designed and funded by Northwest AHEC to identify, recruit, educate, and prepare high school students for careers in health professions.

Since 2022, Northern has hosted 120 Camp Med students, offering healthcare experiences and opportunities for learning and growth.



Junior Volunteers

Our Junior Volunteers graciously commit their time and effort to serve our hospital and patients by helping the professional staff provide quality care.

Since 2022, Northern has welcomed **149** Junior Volunteers, totaling **8,219** service hours.



Surry-Yadkin Works



Surry-Yadkin Works is the first community-based internship program in North Carolina. Northern has enrolled 168 students in the program since 2021. They receive high school or college credit, a monthly stipend for travel expenses through Surry-Yadkin Works, and are paid by Northern Regional Hospital.

SIM Lab



Mount Airy City Schools hosted a ribbon-cutting at the completed SIM Lab here at Northern Regional Hospital. This is an exciting milestone in a school-to-healthcare pipeline project funded by the Golden LEAF Foundation. This space gives students hands-on experience in real clinical environments, helping them explore careers in healthcare, develop critical skills, and gain early exposure to the medical field, all while still in high school.

Robin Hardy Hodgin Scholarship



Ella Riggs, 2025 Recipient

Abby Epperson, 2025 Recipient

Two students were awarded the Robin Hardy Hodgin Scholarship of \$5,000 each. Students can use the scholarship to cover the cost of tuition, books, and supplies for accredited healthcare programs in nursing, pharmacy, or other allied health professions.

The scholarship, established in the 2019-2020 school year, has awarded \$58,000 to support local graduates going into the healthcare field.

COMMUNITY ENGAGEMENT

- Serves as the health care safety net for a six-county rural, low-income region.
- Serves as a critical contributor to successful rural economic development, with NRH leaders highly engaged in and helping lead many community revitalization and education initiatives.



Northern is proud to be a Chamber Champion with the Greater Mount Airy Chamber of Commerce.



Northern participated in Bizfest, which allowed us to connect with local businesses and community members.



Northern provided free educational classes to local businesses and the community.



Northern hosted community health fairs to provide access to free screenings and services.



Northern introduced a Pet Therapy program to provide comfort, reduce stress, and bring smiles to our patients, families, and staff.



Northern hosted quarterly blood drives, collecting a total of 73 units, potentially saving 219 lives.

GROWTH

- One of the largest employers in the Region, with 1,000 caregivers.
- Serves over 250,000 patients annually, from obstetrics to nursing home care.
- Recruited one physician and one Advanced Practice Provider to NRH in 2025.
- Added Lactation Counseling to our services for all expecting and new mothers.
- Expanded access to care at Northern Family Medicine - Dobson with the addition of Ashley M. Bryant, FNP-C and Samantha S. Kunz, FNP-C.

Myriam Garland, MD



Dr. Myriam Garland joined **Northern Pediatrics** in June.

Ashton McKinney, FNP-C



Ashton McKinney, FNP-C, joined **Northern Urgent Care** in January.



Joy Gilman,
MSN, RNC-OB,
CNML, C-EFM,

was named Chief Nursing Officer (CNO) of Northern Regional Hospital. We are excited for the continued impact of her leadership in this vital executive role.

Skilled Nursing Renovation



Northern Regional Foundation has made significant progress in the Skilled Nursing Facility (SNF) renovation. One "model room" has been completed, the nurses' station has been replaced, and new flooring has been installed in the hallways. Thanks to the full funding by private donors, construction will begin soon on the shower room and the beauty shop/salon. Following their completion, work will start on a second fully funded patient room.

Visit northernregionalfoundation.org to learn more.

Northern Brew Coffee Shop



Northern Brew operated by **Foothills Coffee Shop** was opened in February, offering a welcoming space for both staff and visitors to enjoy delicious coffee and treats.

Northern Brew is conveniently located at Entrance B of NRH.

2025 AWARDS & RECOGNITION

- Ranked as one of the **2025 Women's Choice Awards Best Hospitals**
 - Top 100 Hospitals in Patient Experience
 - Top 8% of Hospitals in Patient Safety & Stroke Care
- Northern Skilled Nursing Facility is listed as one of the **Best Nursing Homes by U.S. News & World Report**
- Named one of **Becker's Hospital Review Top 100 Rural and Community Hospitals**
- Recognized by **Business North Carolina** as **one of North Carolina's Top Hospitals**
- Received **Healthgrades Outstanding Patient Experience Award**
- Received **Get With The Guidelines®-Stroke Gold Plus with Target: Stroke Honor Roll Elite with Target: Type 2 Diabetes Honor Roll**
- **Mount Airy News Mountie Awards**
 - Large Business/Corporation - NRH
 - General Surgeon - Carl Buchholz, MD, Northern General Surgery
 - Hospital/Medical Facility - NRH
 - Medical Practice - Northern Family Medicine
 - Nurse - Tammy Bowman, Northern Pediatrics
 - Obstetrics & Gynecology - Northern OBGYN
 - Orthopaedics - Northern Orthopaedics
 - Pediatrician - Jordan J. Minor, MD, Northern Pediatrics
 - Pediatrics Practice - Northern Pediatrics
 - Skilled Nursing - Northern Skilled Nursing
 - Urgent Care - Northern Urgent Care
 - Urology - Northern Urology
- **Carroll Gemini Awards**
 - Family/Primary Care - Northern Family Medicine
 - Physician - Michael Merz, MD, Northern Family Medicine
 - Hospital/Medical Facility - NRH
 - Pediatric Care - Northern Pediatrics
 - Skilled Nursing - Northern Skilled Nursing
 - Large Business/Corporation - NRH



PARTNERSHIP

On Oct. 20, the Surry County Board of Commissioners unanimously selected **Novant Health** as the preferred healthcare partner for Northern Regional Hospital (NRH) after a public hearing. This step further exemplifies our shared commitment to enhancing healthcare services in Surry County and ensuring long-term sustainability for NRH. Our organizations are now working through the customary due diligence period, which can last several months.

HOSPITAL CARE

Northern Regional
(336) 719-7000

830 Rockford Street
Mount Airy, NC

Emergency Room, Outpatient
Imaging, Laboratory

ChooseNorthern.org

PRIMARY CARE

Family Medicine
(336) 783-8900

1016 S. South Street
Mount Airy, NC

Family Medicine - Dobson
(336) 783-8100

105 N. Crutchfield Street
Dobson, NC

URGENT CARE

(336) 719-7200

119 Welch Road, Suite A
Mount Airy, NC

NorthernUrgentCare.com

SPECIALTY CARE

Cardiac Rehabilitation
(336) 783-8448

806 S. South Street, Mount Airy, NC

Cardiology
(336) 786-6146

708 S. South Street, Mount Airy, NC

Gastroenterology
(336) 786-6277

1016 S. South Street, Mount Airy, NC

General Surgery
(336) 789-9176

1016 S. South Street, Mount Airy, NC

Mammography
(336) 783-8400

830 Rockford Street, Mount Airy, NC

Obstetrics/Gyn
(336) 786-4522

510 S. South Street, Mount Airy, NC

Occupational Health
(336) 719-7138

119 Welch Road, Suite C, Mount Airy, NC

Orthopaedics
(336) 719-0011

314 S. South Street, Suite 100, Mount Airy, NC

Pediatrics
(336) 789-6267

100 North Pointe Boulevard, Mount Airy, NC

Rehabilitation
(336) 719-7129

314 S. South Street, Mount Airy, NC

Urology
(336) 786-5144

1016 S. South Street, Mount Airy, NC

Wound Care
(336) 786-2033

314 S. South Street, Mount Airy, NC

For more information, please contact: **Rylee B. Giles**, Manager of Marketing and Community Relations

Email: rgiles@wearenorthern.org | Office: 336-783-8049 | ChooseNorthern.org



[Northern Regional Hospital](http://www.northernregionalhospital.org)



[choosenorthern](http://www.choosenorthern.org)



[Northern Regional Hospital](http://www.northernregionalhospital.org)