

Life Support Education

To access course registration, please log in to NetLearning
Update Effective 2/16/2021:

All Life Support classes have resumed with reduced capacity in efforts to follow social distancing guidelines. Please continue to visit NetLearning for additional class schedules.

The Life Support Education Team of Staff Development offers basic and advanced resuscitation courses for Northern Regional Hospital employees, as well as interested individuals from the community. Courses offered:

- Healthcare Provider BCLS
- ACLS – Advanced Cardiac Life Support
- PALS – Pediatric Advanced Life Support
- NRP - Neonatal Resuscitation
- ASLS – Advanced Stroke Life Support

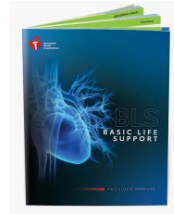
Our dedicated staff is committed to providing individuals with the latest evidence-based resuscitation education available. Our courses provide participants with up-to-date information and hands on skill review.

AHA Books and Pre-Course Requirements:

- **AHA Books for ACLS, PALS, and NRP** books are available for rent or purchase through Staff Development. Please call or come by during weekdays 9:00am – 5:00pm to obtain a book. If you choose to call, your information will be taken and you can pick the book up from the House Supervisor during off hours.
 - Contact Numbers: 336-783-8354
 - 336-783-8199
 - 336-719-7052
- Books will need to be obtained at least 1 week prior to class
- Non-employees are welcome to register for any Life Support Education class. Please call one of the [contact numbers](#) listed above to sign up for a session.
- **Register for ACLS / PALS for the type of class you are attending. Provider classes are 2 days. Day 1 is 8:30am – 2:00pm. Day 2 is 8:30am - 1:00pm. Recertification is Day 1 only, 8:30am – 2:00pm.**

For Recertification, you may attend a Provider Class and plan to attend Day 1 only

- If you are taking a recertification (PALS or ACLS) and did not take your previous class here, we will need copies of your previous cards in addition to a copy of your CURRENT AHA BLS card. If you are taking an initial provider course (PALS or ACLS), we will need a copy of your CURRENT AHA BLS card (if not taken at the NRH).



Basic Life Support

- BLS is taught at least twice a month at NRH.
- The BLS Provider course is designed to teach participants CPR, AED (automated external defibrillator), and FBAO (foreign body airway obstruction) techniques for victims of all ages.
- The classes are instructor led and last approximately 3 hours. Employees of NRH need to register through NetLearning. There are 3 options for completing a BLS class:
 - **Option 1** – Attend the 3 hour classroom session
 - **Option 2** – Register for RQI BCLS session. This is done on your own time online for part one, then you will set up an appointment to complete part 2 (skills assessment) on a computerized mannequin in the Education Center
 - **Option 3** – Purchase an online AHA Heartcode BCLS course. This is done on your own time online for part one, then you will set up an appointment to complete part 2 (skills assessment) with one of our Life Support Education Instructors. Follow to link:
[Blended Learning & eLearning Courses | American Heart Association](#)

Information for HeartCode BLS, ACLS, and PALS

HeartCode BLS, ACLS, and PALS is a blended learning tool using dramatizations, eSims, animations, self-directed learning, and interactive activities to teach students Life Support knowledge and skills. After completing the online component, students will attend a structured Instructor-led hands-on skills session that focuses on meaningful skills practice, debriefing, team scenarios, discussions of local protocols and skills testing.

1. Participants complete HeartCode BLS, ACLS, or PALS online component and receive a certificate of completion (Part I).
2. Participants attend an Instructor-led skills evaluation in Clinical Education (Part II) within 60 days of completing Part I.

□ Cost for BCLS: Employees of NRH	No Fee
Non Employees Classroom Session	40.00
Non Employee Skills Only BCLS	20.00
RQI for Non-Employees of NRH	50.00

Advanced Cardiovascular Life Support

Pediatric Advanced Life Support



The Advanced Cardiovascular Life Support and Pediatric Advanced Life Support Courses are designed for healthcare providers who either direct or participate in the resuscitation of a patient in either the pre-hospital or hospital setting. In this course, participants will enhance their skills in the treatment of cardiovascular emergencies through active participation in a series of simulated cardiopulmonary cases designed to reinforce important concepts.

Prerequisites for all ACLS and PALS Classes

1. Participants must have a working knowledge in rhythm interpretation and cardiovascular pharmacology.
 2. Participants must have a current AHA BLS Provider card
 3. Participants should have a current ACLS or PALS Provider Manual.
 4. **Precourse Assessment Required** <https://www.elearning.heart.org/courses/24>
- Provider Class:** Precourse Self-Assessment and Precourse Work completion is required.
 - Recertification Class:** Precourse Self Assessment Course completion is required
 - o Navigate to <https://www.elearning.heart.org/courses/24>
 - o If you have not already logged in, you will need to do so (**Sign In**). If you have not visited the site before, you will need to set up an account (**Sign Up**)
 - o Under Courses use the drop down to find ACLS or PALS as appropriate
 - o Find your “Precourse Self-Assessment and Precourse Work” option or “Precourse Self-Assessment” option and select Launch this Course to begin

ACLS Precourse Self-Assessment (Previously enrolled)

LAUNCH THIS COURSE

The Advanced Cardiovascular Life Support (ACLS) Precourse Self-Assessment is an online tool that evaluates a student's knowledge before the course to determine their proficiency and identify any need for additional review and practice in 3 sections: rhythm recognition, pharmacology, and practical application. [Learn More »](#)

COURSE DETAILS

ACLS Precourse Self-Assessment and Precourse Work

LAUNCH THIS COURSE

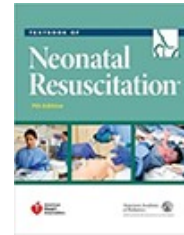
The Advanced Cardiovascular Life Support (ACLS) Precourse Self-Assessment evaluates a student's knowledge before the course to evaluate proficiency and determine the need for additional review and practice. The ACLS Precourse Work involves a student reviewing course content through online videos before entering the classroom. The video lessons cover multiple medical subjects and each lesson includes questions to engage the student. [Learn More »](#)

COURSE DETAILS

CME/CE credits offered

- o On the “welcome” page, click 
- o Complete assessment and then print and bring your certificate to class

Neonatal Resuscitation Program



The Neonatal Resuscitation Program® (NRP®) course conveys an evidence-based approach to care of the newborn at birth and facilitates effective team-based care for healthcare professionals who care for newborns at the time of delivery. NRP utilizes a blended learning approach, which includes online testing, online case-based simulations, and hands-on case-based simulation/debriefing that focus on critical leadership, communication, and teamwork skills.

The NRP program is divided into 2 parts. This four-hour course has been designed to teach and evaluate the evidence-based resuscitation skills of the newborn. Critical skills will be taught from preparing necessary equipment to airway, chest compressions, umbilical lines, medications, and special considerations. These skills will be evaluated during simulated deliveries followed by debriefings. The goal is for participants to develop optimal knowledge and resuscitation skills in accordance with current American Heart Association (AHA) and American Academy of Pediatrics (AAP) recommendations.

Cost for ACLS, PALS and ASLS Class

Employees of NRH	No Fee
Non Employees ACLS and PALS	\$100.00

Advanced Stroke Life Support



Advanced Stroke Life Support is a practical, hands-on, 8 hour course that was developed by experts in stroke, emergency medicine, prehospital care and nursing education. ASLS is updated and improved continuously. Certification is valid for 2 years. Registration is in NetLearning for NRH employees and non-employees can use the contact information above to register for a class

Inclement Weather Policy

Due to prior preparation for scheduling dates for our classes at Life Support Education, we make every effort not to cancel classes for inclement weather. However, due to the distance many students drive to attend our classes, we realize that not all students will be able to attend a class in hazardous weather conditions. If this is the case, please call [336-719-7052](tel:336-719-7052) or email studentprogram@wearenorthern.org as soon as possible and then reschedule for a future class.

NRH Policy for Class Cancellation

Cancellation of classes will follow the Surry Community College inclement weather announcement. Employees should refer to WXII or other local news stations for delays and closings. If Surry Community College cancels classes by 7:00 am, NRH classes or orientation sessions will be cancelled. Human Resources staff will contact new hires regarding make-up sessions for General Orientation.

If Surry Community College has a delayed start or cancels classes after 7:00am, NRH classes and orientation sessions will begin as scheduled

To Obtain a Certification Card After Class Completion

- Your BLS / ACLS / PALS certification cards will go directly to your email inbox that you provided in class. If you have not received your AHA ecard email or are unable to open, click on the link below. You will need to enter your first and last name (as you provided in class) and the same email you used for class. Click “search” and follow the online instructions to “claim” your ecard.
- After “claiming” your ecard, send a copy to Staff Development to be placed in your HR file.

Link: [AHA eCards verification \(heart.org\)](https://www.heart.org)